Trinity Episcopal Church



September 2015

Genesis

Question: Do you turn to Jesus Christ and accept him as your Savior? Answer: I do.

Question: Do you put your whole trust in his grace and love? Answer: I do.

Question: Do you promise to follow and obey him as your Lord?

(Holy Baptism, BCP, pages 302-303)

DEAR FRIENDS IN CHRIST,

Answer: I do.

September has arrived. A new program year begins here at Trinity Church. In the coming weeks, we will experience together the Activities Fair, the Art Show, the advent of new educational opportunities, and the return of full choirs to our worship services. In about a month, we will gather for our Annual Meeting. It is an exciting time, filled with hope and joyful possibilities.

But in the midst of all that will be going on, you and I must constantly and prayerfully ask that most important question: Why? Why is all of this so very important, for our own sakes, and for the sake of the world around us?

I believe that the answer resides in the portion of the baptismal service included above. It has to do with the moment of our own baptisms and the promises made to God as we entered into the greatest covenant we will ever make. In that moment, we became a new people whose entire allegiance is to the Son of God. We have promised to build our very lives on his grace and love, to follow him wherever he may lead us, and to obey him as best we can both in words and in action. This has become our primary vocation during the course of our transitory lives.

Of course, we need help in fulfilling this vocation. We need the help of God whom we encounter in our worship and in our prayers. We need the guidance of the Holy Spirit whose wisdom we seek when we gather for education, healing, and discussion. We need the love of Jesus Christ, whom we encounter in fellowship and whenever we reach out to assist others in his name. We need each other as we celebrate the hope of the resurrection and support one another, both in the joyful and in the difficult circumstances of our lives.

There is great value in all the organizations and activities we choose to engage in. It is in the life of the congregation that we are reminded of the greatest promise that we have ever made. For whenever we gather in Christ's name, God promises to be in our midst, revealing to us the true meaning of baptism and of eternal life.

Faithfully in Christ, The Rev. Rob Banse





Jr. Choir - Age 4 - 2nd grade Rehearsals: Wednesdays at 4:00 beginning September 16

<u>Choristers - 3rd - 8th grade</u> Rehearsals: Wednesdays at 4:45 beginning September 16

Adult Choir - any and all Adults or High School Students Rehearsals: Thursdays at 7:00 beginning September 10

Handbell Choir - Adults or High School Students Rehearsals: Tuesdays at 7:15 beginning September 22

INSIDE THIS ISSUE

Vestry Election2
Vestry Candidates3
Announcements 4
Children's Chapel7
Bible Study7
Youth Group7
Healing Ministry 8
Stewardship9
Adult Forum9
Serving in October10
The Choirs, All You Need To
Know11
Fall Kick-off12
September Calendar—insert

UPCOMING EVENTS

- Sept. 13, Activity Fair
- Sept. 17, SOME cooks; Sept. 18, SOME serves
- Sept. 25, Art Show opening 6-8 p.m.
- Sept. 27, Art Show during both coffee hours
- Oct. 4, Annual Meeting-one service at 9:30 a.m.

A LETTER TO THE CONGREGATION ABOUT THE VESTRY ELECTION

Dear Members of Trinity Church,

I want to address each of you personally: first, I want to announce that we have four excellent candidates standing for the Vestry this year; and, second, I want to explain the basis for the election process we have chosen.

As you will discover in this issue of <u>Genesis</u>, the candidates are Ellen Hall, Mark Thompson, Debra Latiolais, and Matthew Blunt. Ellen and Mark are both long time members of Trinity Church and each has served on previous Vestries. They bring important experience and an institutional understanding of Trinity to the Vestry, as well as their unique talents in leadership and commitment of time and service. Debra and Matt, while more recent members of Trinity, offer enormous enthusiasm, commitment, and professional capabilities that can only benefit the church. I am certain that these well-qualified candidates will strengthen the Vestry and provide dedicated service to Trinity Church.

During this past year, there has been considerable discussion about Vestry elections. Until two years ago, Trinity held competitive elections, usually with six to eight candidates standing for four available positions. Those who favor contested elections point out that the very willingness to stand for Vestry is, in and of itself, a form of service to Trinity. However, a few candidates acknowledged that they took it personally when they were not elected and felt rejected by their own church. I fully acknowledge that there are benefits to giving the congregation a choice among several fellow parishioners

who want to serve. This discussion is nevertheless moot unless more than four candidates are willing to stand for election.

In a nutshell, we have not been successful in our efforts to encourage more members to offer themselves for Vestry service and the Vestry therefore decided this year to hold an election that is confirmative. Those of us serving as members of the Nominating Committee—Gina Hammond, Greg Ellison, and I — have called or spoken with at least one hundred and twenty members of our congregation. In all those conversations, only **four individuals** have agreed to stand, and we are especially blessed that these four are so highly qualified. If the members of Trinity wish to revert to the traditional election practice in the future, then more members must be willing to serve. It's that simple.

I ask each of you reading this letter to reassess whether offering your time and energies in service to Trinity is something you could willingly do in the future. For me, Vestry service is a highly personal and religious commitment, and, as St. Paul, made clear centuries ago, an important priority:

"Serve wholeheartedly, as if you were serving the Lord, not people." (Ephesians 6:7)

Faithfully,

Rebecca Hoecker Senior Warden

Election FAQ's

Can I vote by proxy?

No: "The Voting shall be by ballot in person and unless otherwise provided by the meeting, a majority of the votes cast shall be necessary to a choice. There shall be no voting by proxy." ~Diocesan Canon 11.5

Who is eligible to vote?

"All adult communicants in good standing, registered in the particular Church in which they offer to vote, shall be entitled to vote at the election of Vestry members." ~Diocesan Canon 11.5

What exactly does Canon 11.5 mean?

Adults are anyone age 16 & older. Communicant in good standing means that for the previous year you have been faithful in corporate worship, unless for good cause prevented, and have been faithful in working, praying, and giving for the spread of the Kingdom of God. **~Constitution & Canon I.17.3** To be registered means that your baptism date is recorded in the Parish Register.

What do I do if I don't see my name on the voting roster? (posted in Cox Hall)

If your name is NOT listed and you think it should be, please contact the church office by phone 540-592-3343 or e-mail the Parish Administrator, Beth Rogers: beth@trinityupperville.org

VESTRY ELLECTION—CLASS OF 2018 CANDIDATES



Ellen Hall

Ellen, who is married to Sydney D. Hall, has attended services at Trinity Church since moving to the area in 1998. Prior to her retirement she had a successful business career in art book publishing, CBS News and 26 years with Mobil Corporation. She became a member of Trinity Church in early 2004 and has been an active lay person in many positions. In her work as Chair of the Thrift Shop, she introduced special Boutique sales that garnered many funds to serve the needy. She has been actively involved with the Hunt Country Stable Tour, serving as co-chair in 2008 and 2009. She is currently the co-chair of the Altar Guild and is also co-chair of the Endowment Growth Committee. Ellen previously served on the Vestry from October 2007 – September 2010, and in this role was elected by the Vestry to serve as Junior Warden in 2009 and Senior Warden in 2010. "Trinity Church has guided my worship and strengthened my spiritual life over the last years and I look forward to continuing this journey and furthering my religious education. Trinity Church has been a blessing to me and I value the work it has done for the community at large."

Mark Thompson

I am a second generation congregant at Trinity who starting attending services here just over four decades ago. I am married and have two young daughters. We live within a ten mile distance from our beautiful church campus.

I am honored to be considered for a position on the Vestry for a second term. A deep appreciation of the grand aesthetic found in our real property improvements guides my interest in initiating a facilities condition assessment to ascertain the life cycle status of the major component systems that make up our buildings; evaluate physical and operational deficiencies and determine relative cost of repair, replacement or correction. I also like to help provide good, hot meals to the homeless in Washington when I am not swinging hand bells cacophonously.



Matt Blunt

I am honored to be asked to be a candidate for the Vestry. Trinity has been a tremendous blessing for my wife Melanie, our sons and for me. The reverent worship of God and focus on living out the Great Commission through active service to believers and non-believers while remaining true to the Gospel are attributes of the church that drew us to become involved. Our two boys William Branch (10) and Brooks (5) have benefited from the educational programs and Branch enjoys serving as an acolyte.

I am a graduate of the Naval Academy and after my naval service was complete I served in ten years in state government in my native Missouri. In those roles I was exposed to budgetary and management challenges and I would hope that those experiences could be of some benefit to Trinity and add to the combined expertise of the Vestry. I have served as a director of private and public companies and as a member of non profit boards so I do have some experience working with diverse groups of talented people to achieve common goals. I currently lead an automotive trade group in Washington D.C. and when we transitioned to the area my wife and I were happy to have the opportunity to reside in her native Middleburg. It would be a privilege to serve in the Vestry.

Debra Latiolais

I can still remember attending my first service at Trinity in September 2008. Aside from the picturesque beauty of the church and its grounds, I felt an instant and deep connection to the wonderful people I met that day. Since that time, I've come to realize that it's the people at Trinity that are its truest treasure. As a member of the Vestry, I will preserve that warm and welcoming spirit of inclusiveness at Trinity.

I am a member of the Altar Guild and serve as a Lay Eucharist Minister. I also attended the Healing Ministry classes during the 2014-15 year.

Professionally, I am the Director of Customer Relations for Jim Koons Automotive and corporate liaison to Toyota. I have extensive background in conflict resolution and community relations. I always look for the "win-win" opportunities in every situation and will bring that experience to the Vestry.

I will consider my election to the Vestry to be another step in an ongoing calling for a more active and meaningful life in Christ.



Announcements

Mammography Van to Visit Trinity - Oct. 24

Trinity Church's Outreach Ministries have helped to support the community endeavors of the Cherry Blossom Breast Cancer Foundation through Team Trinity's participation in the annual Walk/Runs, and through financial contributions.

The Cherry Blossom Foundation aims to assist *local* women through education, detection, and treatment of breast cancer. Pursuant to that mission, the Cherry Blossom Foundation, together with Trinity Church, will be hosting a mobile mammography van in the parking lot across the street from the church, **Saturday, October 24.** There will be **no cost** to those wishing to be screened, as care will be underwritten by the Komen Foundation, and Novant Health. October is Breast Cancer Awareness month. Members of Trinity are also encouraged to participate in the annual Walk/Run scheduled for Sun., Oct. 11, 1:00 p.m. at Foxcroft.

The Cherry Blossom Breast Cancer Foundation provided grants to Novant that helped to purchase the mobile mammography van. Screenings will be offered on a drop-in and also a sign-up basis (for appointments), and will be made available to patients regardless of whether they have medical insurance. For more information, please contact <u>Stephanie Knapp</u>.



Our Annual Meeting & Election will be held beginning at 10:30 a.m. Oct. 4, 2015

There will be one service Holy Eucharist Rite II at 9:30 a.m.



Volunteers Wanted!

On September 13th,
check out the sign-up
tables during BOTH
Coffee Hours for the various
ministries of
Trinity Church.
There are numerous
opportunities for
involvement!

SOME SERVES IN SEPTEMBER

Join us in Cox Hall 7:30 a.m. Thursday, Sept. 17th to prepare the meal. We will leave the church parking lot at 8:30 a.m. sharp on Friday, Sept. 17th to serve the meal in D.C.

Your donations of cookies, breads, corn muffins, and brownies are always gratefully devoured! Please

leave your donation in Cox Hall (clearly marked for SOME) by Thursday,

Please join us for the Parish Life kick-off dinner this year! We would love to have you join our team to assist with any of the following events. If you are unable to attend the dinner, but want to help by bringing food to the events, please let us know.

If interested, contact Susan Grayson: sgrayson5555@gmail.com or Barbara Conner: Barbara.conner@foxcroft.org

Thanks for your support!

- ⇒ Parish Life Kick-Off Dinner & Meeting: Tues., Sept. 8th, 6:30 p.m., at Susan Grayson's house for drinks and dinner. Please rsvp if you can attend: sgrayson5555@gmail.com. We will discuss the following events. All are welcomed!
- ⇒ Activities Fair: Sun., Sept. 13th after either service help is needed to man the table and help recruit PL new members.
- ⇒ Art Show: Sept. 25th-27th, Assist with the Opening Party Fri., Sept., 25th from 6-8 p.m. and both Coffee Hours, Sept. 27th
- ⇒ Annual Meeting: Oct. 4th, help organize food for the Annual Meeting.
- ⇒ Wreath Making: Sun. Nov. 22nd



The Annual Blessing of the Animals is scheduled for Sunday, October 4th at 4 p.m.

Bring your furry or not so furry friends to be blessed by The Rev. Banse!





Motorcycle Riders & Cookies! Sept. 12th from 10:30-1:30 p.m.

This event benefits the Boulder Crest Retreat for Military & Vets in Bluemont.

All Vets are welcomed!

We need donations of cookies. Please drop off your donations to the Cox Hall clearly marked for "Boulder Crest" Thank You!



More Announcements on next page



WANTED! KAIROS COOKIES! Our goal is 100 Dozen Cookies

Kairos is an international prison ministry. The word Kairos means, "In God's time." A Kairos team will be entering Fluvanna Correctional Center for Women Oct. 7-1 Ito present God's love. We will teach a short course on Christianity to women selected from applications submitted to the prison chaplain. These cookies will be served as refreshment throughout the weekend. On Saturday night members of the Kairos team will circulate through the living quarters of the prison and present EACH inmate (1200) with a bag of these homemade cookies. Boxes containing bags of cookies will also be left at every working station for the prison staff.

Homemade cookies are a tangible expression of Christian love and indication of God's concern for a group of people who seldom encounter either in the course of their daily lives. Your loving sacrifice will provide "bread" that shines the light of God's grace into the darkest corners of a prison unit. May God bless you for the gift of baking.

All cookies need to be here by Sun., Oct. 4th

Please drop-off your cookies to the church office during the hours of 8:30a-4p, Monday-Friday.

OR

Bring your cookies to the Church on Sunday and leave them in the collection box in Cox Hall!

Baking Your Cookies

Please make each cookie with prayer. These cookies help open hearts to repentance and forgiveness and an awareness of God's vast love.

Bake any recipe you would like, but please keep in mind that if we are to take each and every cookie into the institution, we need to follow certain guidelines. This means that specific ingredients cannot be used. When baking, please remember:

- NO raisins or other dried fruit or coconut
- NO toppings such as sugar, decorations or icing
- NO candy such as M&Ms
- NO nuts

&

- YES to chocolate and butterscotch chips
- COOL COOKIES completely before placing them in I quart zip lock bags

Cookies should be approximately 2 to 2 1/2 inches in size.

12 cookies per quart size zip lock bag Please indicate the type of cookie on each bag Questions? Please call Cheri Martin @ 540-837-1774





Thank You To Our Tree Volunteers

During the long, hot, dry days of summer, a group of volunteers faithfully tended to the young trees that beautify the Outdoor Chapel and Outdoor Sanctuary. Each week during the summer, these individuals and families gave of their time and effort. The congregation gratefully acknowledges:

The Bimbas (who watered for 2 weeks!), The Appenzellers, Susan Grayson, Carol Miller, The Eliots, Moores, Gemmers, Jacksons, Halls, Banses, Hartleys, Bunny Shick and Deon Bezaguet.

Thank you!!!



CHILDREN'S CHAPEL EXPANDS



Joe Fluet leads Children's Chapel

On Sunday, September 15, Children's Chapel will resume in an expanded version. The children will join the opening procession each Sunday. The children's crucifer and gathering acolytes will follow directly behind the Rector and move the children immediately to the church undercroft. There they will be offered a brief Sunday school lesson by volunteers under the leadership of Gina Hammond. The curriculum will concentrate on understanding the sacraments of baptism and Holy Communion, with the children learning the common prayers and responses used in these services. When

the lead crucifer and torch bearers finish with the Gospel procession in the church, they will come to the undercroft and gather the children into the Children's Chapel for their Gospel reading, a children's homily, the children's creed and a musical offering coordinated by Christian Myers. The children will rejoin their parents at the offertory. All youth are encouraged to participate in this opportunity. Individuals interested in volunteering with the Sunday school lesson and the Children's chapel service should contact Gina at 540-665-5744.

"But be doers of the word, and not merely hearers who deceive themselves." ~James 1:22

BIBLE STUDY

Dear Friends,

Two of the essential disciplines in the life of every Christian are daily study and prayer. As is the case with all the important relationships in our lives, quality time spent each day with the living God in prayer and in reading the Bible and other devotional texts is required if that relationship is to grow.

Corporate prayer and study holds the congregation together. Here at Trinity, this is clearly demonstrated in our worship and in the moments that we come together for sharing and discussion. Whether it be Forum Hour at 9:30am on Sunday mornings, the Intercessors on Monday afternoon, or the Saturday morning Men's Breakfast, the Holy Spirit is in our midst, helping us to grow in wisdom and in discernment.

It has been my privilege to lead a Bible study on Wednesday mornings at 10:30am. It is a great group and we have covered a variety of topics rooted in the books of the Bible. We will continue that tradition beginning September 16th. Our focus will be on the verse from James quoted above. We'll start with a three-week discussion of the Ten Commandments as found in Exodus 20:1-17 and Deuteronomy 5:4-21. We'll then move to a three-week discussion of the letter of James. Finally, we'll spend three weeks considering Jesus' summary of the law as found in Mark 12:28-34 and the fruit of the Spirit listed in Galatians 5:22-26. All are welcome to join in.

Faithfully,

The Rev. Rob Banse

TRINITY YOUTH GROUP



Dear Youth Group Members,

I hope that you have had a great summer!

As you know, John Knouse has joined the staff of St. James Episcopal Church in Warrenton. We miss him, but that does not mean that our ministry is on hold here at Trinity. Janie and I have decided that we want to step in and work with you all this fall. To get things started, we want to invite you to our house for dinner and a conversation about what we'd like to do during the coming year. We will gather on Sunday, September 20th

from 5 to 7:30pm. This includes both Junior (6th-8th) and Senior (9th-12th) High school students.

It would really helpful to know how many of you will be attending. Please RSVP to my email address:

<u>rbanse@trinityupperville.org</u> or call our home: 540-364-2306.

We will look forward to seeing you all at church and at our home.

Faithfully,

The Rev. Rob and Janie Banse

EXTENDED STUDY: THE HEALING MINISTRY OF JESUS

In response to a number of requests, Trinity's Healing Ministry will open the first portion of our training, "A Study of The Biblical Healing Ministry of Jesus" to anyone who wishes to attend. This class is a 10 week Biblical study on the healing ministry of Jesus offered Wednesday afternoons from 2 - 4 pm, Oct. 7th through Dec 9th, 2015. This is a fascinating study of how Jesus calls us to live and practice as Christians.

There is no requirement to join the Healing Ministry at the end of the course. However, anyone who completes all of these training sessions will be qualified to enter the second phase of the Healing Ministry training if they decide to.

If you have questions or are interested, please contact Ginny Fluet at vfluet@verizon.net or call 540-869-0858. We hope you will come and experience this fascinating aspect of the Bible.

WHAT IS HEALING MINISTRY?

In short, healing ministry is learning to accept the healing power of God and becoming a conduit for bringing God's love and healing power to ourselves, our families, our friends, our congregation, our community and the world.

From the beginning, Jesus healed those around him, not to provide miracles or attention to His ministry; in fact, he often told those he healed to go and tell no one. God took human form and came into this broken, wounded world to save us and to make us free in every way. Healing was as much a part of his ministry as his teaching. Through them, he proclaimed the wondrous love and power of God, he embodied the compassion and mercy of God and he showed us how to love and help one another. This was his mission—the very reason he came into our world.

First, he commissioned the 12 apostles and later, 72 others, sending them ahead of him in pairs with the directions: "Whenever you go into a town where they make you welcome, eat what is set before you. Cure those in it who are sick and say 'the kingdom of God is very near to you'" (Luke 10:1, 8-9).

The Acts of the Apostles is filled with accounts of the early Christians who were sent out among Jews and Gentiles to preach the gospel and to heal. When they were persecuted, they prayed: "And now, Lord, take note of their threats and help your servants to proclaim your message with all boldness, by stretching out your hand to heal and to work miracles and marvels through the name of your holy servant Jesus" (Acts 4:29-30). Note that they were preaching by healing, not just preaching and healing. Being healed from our infirmities is an integral part of the message of salvation. His healing works are the salvation of our bodies and minds as well as our souls.

During more recent centuries, healing in the church was reserved for the clergy, who administered healing rites mainly during illness or at end of life. However, if we examine the scriptures, Jesus empowered his disciples with the Holy Spirit and he sent them out to proclaim the kingdom of God and to heal the sick (Luke 9:1-2). Reading the scriptures, you can see that healing is meant to be as ordinary and as frequent as it was in Jesus' day. All Christians are called to spread the good news and heal the sick. Jesus says "the one who believes in me will also do the works that I do" (John 14:12).

In recent years, the healing power of Jesus has resurged in Christian churches and in inter-denominational Christian healing ministries. Many people have been healed from physical, emotional and spiritual ailments and many more have participated in healing through prayer, anointing with oil and laying on of hands. Jesus is still at work healing among us today. All we have to do is participate.

Our healing ministry team joined together because each of us felt called to participate in the healing works of Jesus. Some of us have been healed, and all of us have known people that have experienced the healing touch of Christ. We spent the first year studying the healing ministry of Jesus and we learned so much about ourselves, our Lord Jesus and God's will for us. We have also completed the Level I prayer ministry training from Christian Healing Ministries. Although we are still learning, we are now humbly ready to take on this ministry.

We formed a healing prayer group that meets on Mondays from 2:30-4:00 pm. Each week, we will be praying for our parish prayer list and for anyone in need of healing prayer. If you would like to let us know of someone who is in need of prayer, please fill out a Prayer Request Card and place the card in the Prayer Request box at the back of the church. Prayer Request Cards can be found next to the Prayer Request Box and in the church pews. All requests will be prayed for on Monday, after which the prayer cards will be burned as incense to God. If additional prayer is desired, please put in a new card each week. Prayer requests are kept in strict confidence. Although prayer works, whether near or far, we especially invite anyone to join us who would like to receive hands-on healing prayer.

We also offer healing prayer during the 10:30 service on each Sunday and at the 8:00 service on the 1st Sunday of the month. Anyone who would like healing prayer may come to the small chapel after they receive communion where prayer teams will pray with you. In addition, appointments may be made for special sessions of healing prayer for critical/complex issues or for home/hospital visitations. If you are in need of help from our Healing Prayer Team, please contact Ginny Fluet at 540-869-0858. We begin a new class for prayer ministers every fall, so give Ginny a call if you think God may be calling you to this ministry in some way.

STEWARDSHIP CAMPAIGN 2015-2016

For many years, we have referred to our Annual Pledging effort as a "stewardship" campaign but I observe that term suggests a passive role that fails to energize the giving spirit we need for Trinity to thrive. So this year, I ask you to consider your annual pledges as part of an "Ownership" campaign, an effort in which we make an activist pledge as a community of faith to:

- Enrich our spiritual lives
- Fulfill our responsibilities to our church home and family
- Have greater impact through advancing our Christian mission.

The goal of this Ownership Campaign is to fund the church that you want Trinity to be. Defining that goal will be the focus of our October Annual Meeting with some preparation efforts in September to "prime the pump" for a healthy discussion of our shared priorities and our vision of what we want Trinity to known for in our hearts and in our community.

The Vestry plans to set our budget this year based on that vision and to be transparent about the funding levels that are needed to support it. We will set a budget-based goal for this year's Annual Pledge and reach out to all of you to engage you as Owner-Operators in an exciting year of worship and service. Stay tuned!

Dan Murphy Stewardship Chair 2015-2016





"With every gift show a cheerful face, and dedicate your tithe with gladness." ~Ecclesiasticus 35:11

ADULT FORUM SEPTEMBER 2015

Please join us on Sunday morning at 9:30AM in Cox Hall for Trinity Adult Forum. These informative programs are a great way to explore, share and broaden your knowledge. Do you have an idea for a topic? Please let a member of the Adult Christian Education committee know or email Jim Gemmer jimdgem@gmail.com. We look forward to seeing you!

Sept. 6 – Labor Day Weekend, no Forum

Sept. 13 – Trinity Activity Fair, no Forum

Sept. 20 – Jonathon Catherwood, Christian life through the parables of Luke (1 of 2)

Sept. 27 – Jonathon Catherwood, Christian life through the parables of Luke (2 of 2)

Jonathan Catherwood - "The Christian Life through the Parables and Unique Stories in the Gospel of Luke."

The Gospel of Luke is often overlooked outside of the Christmas season, because John's Gospel is much more direct, and Mark's much shorter (!), but the real treasure that is contained in Luke is in its unique parables and accounts of the life of Jesus that can point the Christian towards a life of empathy (Good Samaritan), humility (the Pharisee and the "Sinner"), forgiveness (Prodigal Son) and hope (the Road to Emmaus). We do hope that you can join us to explore how Luke's Gospel can lead all of us to a richer and fuller Christian life in Christ.







SERVING IN OCTOBER

Altar Guild	Sept. 10-Oct. 14: Team 2—Barbara Augenblick, Debra Latiolais, Becky Hoecker, Ed Moore Oct. 15-Nov. 18: Team 5—Ellen Hall, Holly Bimba, Harriett Condon, Bunny Shick, Celeste Wheelwright			
	October 4 19 Pentecost Annual Meeting	October II 20 Pentecost	October 18 21 Pentecost	October 24 22 Pentecost
Flower Guild	Carolyn Smith Cathy Boswell, Arla Lewis Mary MacDonnell Gretchen Zeltner	Anne Coyner Barbara Augenblick Sally Fletcher Becky Hoecker Betty Long Cindy Mullett	Valerie Dove Beth Gibbens Susan Grayson Kelly Johnson Lynn Wiley Telle Zeler	Celeste Wheelwright Stephanie Bates Linda Dodderidge Sarah Ellison Nicky Perry LeighO Wood
Memorial Flowers			Raymond A. & Elizabeth Kaiser Hoecker; Jeptha A. & Hope Green Evans	Henry O. Chapman & Scottie M. Chapman
Lectionary Readings	Genesis 2:18-24 Psalm 8 Hebrews 1:1-4; 2:5-12 Mark 10:2-16	Amos 5:6-7, 10-15 Psalm 90:12-17 Hebrews 4:12-16 Mark 10: 17-31	Isaiah 53:4-12 Psalm 91:9-16 Hebrews 5:1-10 Mark 10:35-45	Jeremiah 31:7-9 Psalm 126 Hebrews 7:23-28 Mark 10:46-52
		8:00 a.m. Service: Holy Eucharist Rite I		
LEM		Beth Lamond	Ellen Hall	Dan Haney
Lector		Andrew Motion	Dan Haney	Beth Lamond
Ushers		Robert Bonnie Jimmy Hatcher	Holly & Chuck Bimba	Sarah & Greg Ellison
Healing Ministry				
Coffee Hour			Robin & Gordie Keys	
	9:30 a.m. Service Holy Eucharist Rite II	10:30 a.m. Service Holy Eucharist Rite II		
LEM	Gina Hammond Lewis Martin	Kaye Nazarian Janie Banse	Michael Main Joe Fluet	Randy Mull
Lectors	Becky Hoecker Cheri Martin	Susan Goettl Carolyn Smith	John MacDonnell Michael Main	Jolly de Give Bucky Slater
Ushers	Elizabeth Courts Jolly de Give Kaye Nazarian	Elle, Ri, Chuck Benefield	Susan Grayson Stanley Dees Bunny Shick	Anne Coyner Pamela Wynfield Chip Chapman
Healing Ministry	Michael Scholes Cheri Martin	Ginny & Joe Fluet	Stephanie Knapp Melissa Neal	Michael Scholes Joe Fluet
Coffee Hour	Vestry	Fox Family	Outreach	Chuck Hassett & Neil Peddic

If you are unable to serve on your scheduled day, please find someone with whom to trade. Please remember to notify the church office of any changes. Thank you.

THE CHOIRS, ALL YOU NEED TO KNOW...

Remember the book, All I Really Need to Know I Learned in Kindergarten? Written by Robert Fulghum, it was a huge bestseller in 1989. As I began planning for this Fall, it occurred to me that this also holds true for children's choirs. So, I looked it up and found the often quoted list of things learned in Kindergarten excerpted from the book and, lo and behold, we have at least touched on virtually all of them over the years and most of them each and every week. And yes, you might be surprised just how often learning to flush comes up during children's choir. In addition to Mr. Fulghum's list, I might add that our young choristers learn a great deal about the practices of the church and hopefully something about music as well. This is not just singing along with Christian. Our weekly rehearsals incorporate exercises designed to teach the fundamentals of pitch and rhythm on up to the basics of music reading. In preparing anthems to fit with the lectionary, the children learn about the function of liturgy and the meaning of the biblical passages they are singing about. In many ways, it is Sunday School, formal music training, and a little bit of Kindergarten all rolled into one.

This Fall, as we enter a transitional period in our children's programs with the departure of our Director of Family Ministries, I hope to put renewed emphasis on our children's choirs. For the past few years, our weekly rehearsals have been held in conjunction with TAP, the Trinity After-school Program. TAP will not continue this year but beginning on Wednesday, September 16, our Children's Choir rehearsals will return to

their independent schedule meeting at 4:00 and 4:45.

At our annual Activities Fair on Sunday, September 13, we will have the chance to sign up for all of our various programs and ministries. Please consider taking this opportunity to sign up for one of our choirs listed below. All are welcome. We'll teach you to sing, help you to love God and your neighbor, and remind you to always flush.

Christian

Choir Start Up Dates:

Jr. Choir - Age 4 - 2nd grade

Rehearsals: Wednesdays at 4:00 beginning September 16

Choristers - 3rd - 8th grade

Rehearsals: Wednesdays at 4:45 beginning September 16

Adult Choir - any and all Adults or High School Students

Rehearsals: Thursdays at 7:00 beginning September 10

Handbell Choir - Adults or High School Students

Rehearsals: Tuesdays at 7:15 beginning September 22

All you need to know...

- · Share everything.
- · Play fair.
- · Don't hit people.
- · Put things back where you found them.
- · Clean up your own mess.
- · Don't take things that aren't yours.
- · Say you're sorry when you hurt somebody.
- · Wash your hands before you eat.
- · Flush.
- · Warm cookies and cold milk are good for you.
- · Live a balanced life learn some and think some and draw and paint and sing and dance and play and work every day some.
- · Take a nap every afternoon.
- · When you go out in the world, watch out for traffic, hold hands and stick together.
- · Be aware of wonder. Remember the little seed in the Styrofoam cup: the roots go down and the plant goes up and nobody really knows how or why, but we are all like that.
- Goldfish and hamsters and white mice and even the little seed in the Styrofoam cup - they all die. So do we.
- And then remember the Dickand-Jane books and the first word you learned - the biggest word of all - LOOK.

excerpted from All I Really Need to Know I Learned in Kindergarten by Robert Fulghum.

Trinity Episcopal Church

The Diocese of Virginia
The Rt. Rev. Shannon S. Johnston,
Bishop of Virginia
The Rt. Rev. Edwin F. "Ted" Gulick Jr.,
Assistant Bishop
The Rt. Rev. Susan E. Goff,
Bishop Suffragan

Clergy & Staff

The Rev. Robert L. Banse, Jr., Rector
Christian Myers, Director of Music Ministry
Richard McPherson, Organist
Beth A. Rogers, Parish Administrator
Betsy Crenshaw, Administrative Assistant
John Knouse, Director of Family Ministries
Angela Lake; Laure Carter, Housekeeping
Tommy Breeden, Sexton

Officers & Vestry

Becky Hoecker, Senior Warden Gina Hammond, Junior Warden Charles Ince, Treasurer Mark Thompson, Registrar

Class of 2015
C. Greg Ellison, David Hartley
Becky Hoecker, Gina Hammond
Class of 2016

Bob Appenzeller, Joe Fluet Marguerite Sweeny, Pamela Wynfield Class of 2017

Barbara Conner, Susan Grayson Jim Gemmer, Dan Murphy



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Trinity Episcopal Church

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