



Trinity Episcopal Church

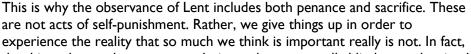
P.O. Box 127 9108 John Mosby Highway Upperville, VA 20185 540-592-3343 www.trinityupperville.org

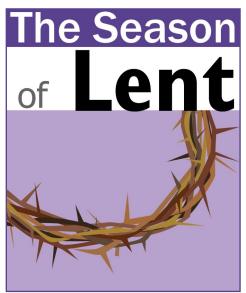
The Rector's Pen

By The Rev. Robert L. Banse, Jr.

Dear Friends.

We will gather here at Trinity on March Ist to offer the Ash Wednesday liturgy and thus enter into the holy season of Lent. Whereas Christmas and Epiphany are about outwardly and joyfully celebrating the infinite love of God born in Bethlehem and made manifest through the course of Jesus' earthly life, Lent is about introspection. It is about looking deep within. It is about acknowledging that, even as we celebrate the light of Christ always with us, there continues to be a blindness within ourselves that prevents that light from fully entering in. Lent is the season that best represents what St. John of the Cross described as "the dark night of the soul". Even as we seek to follow Jesus, there is still so much that gets in the way. And as long as those obstacles are there, we will never fully know the depth and breadth of God's love for us.





the things that we have come to desire and covet actually blind us to the simple beauty of living our lives trusting entirely in the love of God revealed in Jesus Christ. Lent is a season in which we are called to pray more and study more in order to be filled with the real riches that God seeks to share with us in this lifetime. Frankly, the spiritual poverty we know all too well is not God's fault. The hunger we experience exists because we are too busy stuffing ourselves with all the world tells us is important. The junk food that our world offers will never be an adequate substitute for the bread of life.

Joan Chittister writes "Ash Wednesday is a continuing cry across the centuries that life is transient, that change is urgent. We don't have time to waste on nothingness. We need to repent of our dillydallying on the road to God. We need to regret the time we've spent playing with dangerous distractions and emptying diversions along the way. We need to repent of our senseless excursions into sin, our breaches of justice, our failures of honesty, our estrangement from God. We need to get back in touch with our souls."

(The Rector's Pen, continued on page 5)



Shrove Tuesday Ash Wednesday & Lenten Studies

See Pages 2&3





Inside This Issue:	Page #
Shrove Tuesday, Ash Wednesday, Lenten Study Offerings	2-3
Youth & Children, Did You Know, Healing	4-5
Assistant Rector, EYC, Stable Tour	6-7
Education, Community, Vestry	8-9
Music, VBS, Serving Schedule	10-11
Thrift Store	12



Join us on:

Tuesday, February 28

for our annual Shrove Tuesday celebration.

The men of the church will be cooking us a pancake dinner.

The dinner will run from:

5:30-7:30 PM

This is a free dinner. All are welcome!

(Decorations and set-up by the Parish Life Committee)



Gluten Free pancakes (prepared on a separate skillet) will be available.



By Rob Banse

Wednesday, March 1, 2017 marks the beginning of Lent, a season of reflection and introspection in preparation for Holy Week and Easter.

Lent begins with the celebration of Ash Wednesday. On Ash Wednesday we will have 2 services, one at noon and one at 7:00 PM. We encourage everyone to participate.

The services will include both the Holy Eucharist and the imposition of ashes. During the imposition of ashes, the rectors will take ashes (from the burning of the previous year's Palm Sunday palms) and will make the mark of the cross on each congregant's forehead. The imposition of ashes is a reminder of our mortality, and our total reliance on God.

"For dust you are, and to dust you shall return" - Genesis 3:19



March 1
Holy Eucharist and the Imposition of Ashes
12:00 Noon and 7:00 PM



Lenten Sunday Study Series





Becoming Like Jesus: Practicing the Christian Disciplines

Have you ever tried taking on a discipline, during Lent or at another time of year, and found it difficult to continue? The wonderful news is that Jesus is our perfect example of practicing the spiritual

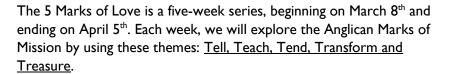
disciplines, and we can look to his example to help guide our own. In a world where spirituality is often so lacking, how can we help deepen our own connection to God, to our neighbor, and to all creation?

Jesus says in the Gospel of John that He is the living water and that those who drink of the living water will never again be thirsty. As Christians, we need to dig that well and keep that water replenished again and again. This Lenten season is the perfect time to be refreshed!

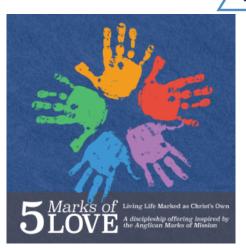
Come explore, learn, and practice the Christian disciplines of prayer, fasting, study, and worship, as we seek to deepen our own spiritual wells. We will be meeting on Sunday mornings from 9:30-10:15, from March 5th-April 2nd. Join at any time; drop-ins are always welcome!

Lenten Wednesday Study Series

By Rob Banse



The Marks of Love are not simply a list of tasks to be checked off one after the other; they are signs that our life is rooted and grounded in the Being of God. This Lenten season, we will learn more about how to live into the Christian life of mission, a life that is rooted in the God who is with us and who is already at work amongst us. Come join us at 6:30pm for a delicious dinner and then stay for the study and discussion, which runs from 7-8pm! A brief service of Compline will follow, if you wish to stay.





Daylight Savings Time Begins Sunday, March 12.

Remember to set your clocks forward one hour that day.





We had a successful ski trip on February 11.

Even in the 60 degree temperature, we skied and snowboarded down the

mountains at Whitetail Resort. Even as a

first timer, I had a blast!

Thank you to all the parents and chaperones--We could not have done this without you!



Welcome home Rachel! We're glad you survived your first ski trip!







Hill School Students Stock Trinity Food Pantry By Phil Mohr

On Wednesday, February 22, our morning was warmed by the cheery voices of the 2nd Grade class from the Hill School in Middleburg. The students and their teachers continued their annual tradition of bringing donations to stock the Trinity Food Pantry. Each child brought a bag or two of groceries they had collected, and sorted them onto the shelves of our food pantry in the basement of Peard House.

Our pantry is again well stocked, and we are ready to receive those in need in our community, who come to us for basic necessities.

Thank you Hill School students, for continuing this 11-year tradition of serving your neighbors in this way!





Rector's Pen (continued from Page I)



To that end, there will be additional opportunities for study and prayer here at Trinity over the course of the season. Please read carefully the rest of this Genesis in order to learn about them. I will be leading a discussion on Wednesday evenings throughout Lent focusing on "The 5 Marks of Love". In baptism, each of us has been sealed by the Holy Spirit and "marked as Christ's own forever." How do you and I live accordingly? How do we go about incarnating the love of Jesus for the rest of the world to see? We will begin with a simple supper at 6:30pm. The conversation will last an hour. We will conclude with the prayers we know as Compline. I look forward to our conversation.

I pray that this Lent will be a life-changing season for all of us.



Did You Know?

By Gray Coyner

Little known facts about Trinity Episcopal Church – Upperville, VA

Guilds have been an integral part of the Episcopal Church for centuries. The same is true at Trinity as several guilds have done much of the work for the church especially in the early years. In the years prior to 1979, pledging was not widely accepted at Trinity. Budgeting for the coming year was nearly impossible. People gave what they could at the end of each year and if there were short falls, the Wardens would call on certain members to give an additional donation to try to "balance the books". Many years, the staff went without raises to keep from going into debt.



A primary fund-raising body of Trinity was the Mary D. Neville Guild. Since this is one of the guilds at Trinity that has disbanded, it is important to recognize this important part of the church history. The Mary D. Neville guild was composed of the women of the church whose fund-raising efforts made the needed repairs to the church and provided outreach both far and wide on behalf of the congregation.

Two wonderful histories of the Mary D. Neville Guild by Mary Lee deButts and Lucy Keith may be found on the church website at www.trinityupperville.org.

Next month: Other Guilds at Trinity

Healing Ministry



Because some members of The Trinity Healing Ministry have recently moved, or fallen ill, we may not be able to offer healing at the 10:30 service every week. We will be there as many weeks as possible. We will offer another training class in the fall and invite anyone who may feel called to this ministry to attend. If you are interested, contact Ginny Fluet at vfluet@yahoo.com or 540-869-0858 and she will put you on the list for information on the upcoming class.





Dear People of Trinity Church,

Grace and peace to you at the start of this Lenten season. This is one of my favorite seasons of the church year because it's a time set apart specifically for penitence and reflection, and the readings, the music, and the liturgy help with that penitence. I have always found, ever since I was a little girl, that living into this season, specifically through spiritual disciplines, draws me closer to God and to my fellow members of the Body of Christ, the Church. Being reminded of my mortality helps me, in turn, feel more connected to God and all of God's creation.

This Lenten season, there is an opportunity for you, on Sunday mornings at 9:30am, to learn more about spiritual disciplines, those actions that Jesus practiced in his own earthly life. I've titled the Adult study, "Becoming Like Jesus: Practicing the Christian Disciplines," because my hope is



that in learning more about those things Jesus practiced, including fasting, prayer, and solitude, we can in turn practice and be enriched by them in our own lives. I have come to believe that going to church on Sundays and feeling "good to go" for the week is not enough for this life of following Jesus. Our own practices of faith, whether in the solitude of our homes or amongst a community of believers, must be deepened, as well.

We heard in the Gospel of Matthew a few Sundays back that we are to "Be perfect, as our Heavenly Father is perfect." Spiritual disciplines will not make us perfect Christians. Indeed, I believe none of us will be perfect in this lifetime. We all sin and fall short of the glory of God (Romans 3:23); however, we can and should seek to grow into a deeper understanding of and a closer relationship with our Lord. The hope is that the closer we are to God, the more we will be drawn into His love for us and for all creation. The more we are enveloped in His love, the more we will live it out in our very lives.

As Quaker theologian and author David Elton Trueblood wrote, "The great problems of our time are not technological, for these we handle fairly well. They are not even political or economic because the difficulties in these areas, glaring as they may be, are largely derivative. The greatest problems are moral and spiritual, and unless we can make some progress in these realms, we may not even survive."

Come join us, during this Lenten season, to learn, to study, to practice, and to grow into the Christian disciplines. I pray that this season for you is one of meaningful worship and strengthening discipline, as we all seek to grow more fully into our relationship with God and with one another.

Rachel +

In Christ,

The Rev. Rachel Rickenbaker



Episcopal Youth Community News





Calling all EYC, 6th-12th graders! We will meet on **Sunday, March 12th, from 3-5pm**, for a St. Patrick's Day Party. We will gather in Cox Hall for some good snacks and games to celebrate the Feast of St. Patrick. We will also be baking and decorating shamrock cookies to be shared later in the week with our homeless brothers and sisters in DC. Come join us, wear your green, and bring a friend!

On **April 2nd**, we will meet from 12-2pm, to share lunch and to fill Easter eggs for Trinity's Easter egg hunt. Then we will head down at 1pm to Upperville Baptist to unload canned goods to help with the local food basket ministry. Then, on **Easter Day, April 16th**, please arrive at 9:30am in the Bishop's Garden to help hide the Easter eggs for our kids at Trinity, who will hunt for them after the 10:30 service. We need your help!



By Kat Gemme

Stable Tour

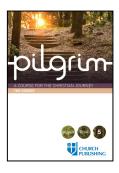
Greetings to all from the Stable Tour! We remain busy as we prepare for the May 27th and 28th Memorial

Day Weekend! Our farm list has been set and we are now busy scheduling events and raising funds for our promotional campaign. We are happy to welcome back to the tour Trappe Hill Farm, Fox Chase, Salem Oaks and Salamander! We are also excited to have Heronwood, Lazy Lane, Rock Hill, the Foosaner Family Farm, Peace and Plenty and Banbury Cross Polo join us this year! It should be an event-filled weekend with fabulous horse properties and grounds to tour! We are so thankful to these farms and their owners, and if you run into any of them please let them know of our gratefulness.

Our present mission is to promote our donor and underwriter campaign. Each congregation member will be receiving a letter in the coming month describing how you can help with our effort. We will also have Sunday announcements about tour needs. We hope that you all will participate and become a part of our Stable Tour community.

Our first committee meeting will be Monday February 27th at 5:30pm. If you would like to join the committee please contact Kathryn Gemmer gemmerkathryn@gmail.com, or let Phil or Betsy at the church office know.





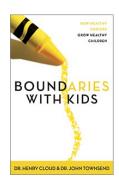
Pilgrim Study: The Creeds of the Church

Monday Nights at 7:00 PM in Peard House

Angels, Dreams & Visions

Wednesday Mornings at 10:30 AM in Peard House





Christian Parenting

Sunday Mornings at 9:30 AM in Peard House



PLEASE JOIN US FOR

RAISE THE ROOF

6th Annual Auction Benefit for Helping Haitian Angels

> FRIDAY THE TENTH OF MARCH TWO THOUSAND SEVENTEEN AT 7PM UNTIL 11PM

FOXCHASE MANOR 8310 CHATSWORTH DRIVE MANASSAS, VIRGINIA 20109

FEATURING EXCITING AUCTION ITEMS,
LIVE BAND AND DANCING

PLATED THREE COURSE MEAL WILL BE SERVED

TICKETS ARE \$125 PER PERSON

Cocktail attire



The Piedmont Parents Association presents
The Piedmont Child Care Center March Fundraiser:
A Spaghetti Supper – the meal provided by the generosity of The Upperville Country Store, Upperville ,VA

March 17th 2017
S:00pm to 7:00pm
Carry Out is available
Trinity Church
Cox Hall

Spaghetti

Spaghetti

Adults: \$8.00
Ages 3-11: \$6.00
Under 3: Free



Vestry Notes



Our Vestry met on Wednesday, February 15 for its monthly meeting. The minutes for the meeting will be filed and available for your review.

We received the Treasurer's reports, as usual, and I suppose it's a good thing that there is nothing unusual to report. The 2017 budget has been recorded in our accounting system and we are tracking with this plan. Since the beginning of 2017 we have received 7 new pledges, thanks be to God, which brings our count to 158 for a total of \$567,549. That puts us at about an 83% participation rate. As I often say- it's never too late to submit your pledge for the year and Vestry remains committed to full participation. We will continue to encourage each other in this endeavor and we ask that you do the same. Your presence, participation and pledge are the foundations on which we will continue to build Trinity Upperville through the year and helps us to ensure we can support the missions, programs and goals that we have set for 2017.

Speaking of goals- as we have reported to the congregation, Vestry continues to discuss ways that we can use the four priorities we have set for 2017 (encourage our Stewardship, enhance our Christian Education, grow and strengthen our Congregation and expand our Outreach) to make Trinity a force for the betterment of our church, our community and our world. We seek to build up new leadership that can help us sustain our efforts to increase our inward and outward presence and to become a place where current and new members can come to listen to and learn about the opportunity and responsibility to participate in God's will for our lives. You will be hearing more from Vestry as we develop our plans for this year that will further our intent to support the Faith, Place and Mission of Trinity Church. We hope and pray that you join us. As it has been in the past, our key to success will be our engagement. We encourage all of you to engage with us. Let us know what is going well and tell us what can be improved. It is only together and with God's blessing that we will succeed.

A bit more business of the Vestry is worth noting this month:

- The Buildings and Grounds committee has been working diligently to get the nursery back up and operating. Updates to flooring, electrical, plumbing, windows, furniture and a new coat of paint inside are ongoing and will ensure that we can continue to offer this important service in a safe and secure environment. The nursery building is also used to support various other ministries of Trinity. If you have time, please walk over and check out the improvements.
- We were pleased to hear that the Art Show reported income from sales of about \$1500. It was a delightful event that showcased the amazing talents of our members and friends. Thanks to all of you who attended and especially to those who made a purchase.
- We received reports from all committees. I want to give a special thank you to Parish Life, Worship and Ambassadors. The often behind the scenes work that these committees do to support Trinity is remarkable. Please let them know you appreciate their efforts when you get a chance to do so.

I want to use a bit of space to encourage you all to support and engage with our 2017 Stable Tour. There will likely be another whole section in the Genesis, but this is a big and important event that will take all of us to be successful and supports our significant Outreach ministry. Please let Kat Gemmer, our 2017 Chair, know if you can help.

Thanks to all of you for your prayers, input and support!





The Book of Psalms or Psalter is essentially the hymnal of ancient Israel. It was compiled from older collections of lyrics and used to accompany acts of worship in the Second Temple. Although actual authorship is uncertain, many of the Psalms are attributed to King David and thus date back to at least 1000 BC. Containing 150 psalms, the Book of Psalms is one of the longest in the bible and contains some of the most beautiful and beloved verses in all of Christianity.

While the original music is long lost, it is certain that the Psalms were intended to be sung. There are many references to this in the Psalms themselves as well as elsewhere in the Old and New Testaments. In the early Christian church the Psalms were probably sung in similar



fashion to the lost ancient Jewish tradition. However, by the fourth century, plainchant was developing and used to sing the Psalms. With the Reformation came renewed interest in the Psalter as theologians/composers wrote metrical versions of the psalms set to hymn tunes, making them easier to sing, many of which are still part of our hymnody today. Similarly, English reformers devised Anglican Chant which allowed the psalms to still be sung with speech-like rhythm but over a simple harmonic structure. This form of psalm singing is part of our current Hymnal 1982.

During this season of Lent, our music will focus on the Psalms. Each Sunday, the Offertory Anthem will be a choral setting of the appointed Psalm for the day. In addition, we, as a congregation, will attempt to sing the appointed Psalm using Anglican Chant in place of our usual antiphonal reading. Hopefully, with a little bit of practice, we will all be able to experience the full meaning of these beautiful words as they were meant to be expressed as well as continuing an ancient tradition.



<u>(acation Bible School</u>

By Rachel Rickenbaker



The Maker Fun Factory is coming to Trinity Church this summer! From June 12-16, from 9:00am-12:00pm, kids and adults alike will gather to discover how God has created each of us for a purpose! In a creative and fun setting, kids will explore, watch, learn, play, create, and more, as they discover each of us is made uniquely in the image of God.

Registration will open to Trinity members (kids and grandkids) on **March 1**st, and registration will be open to the community on **March 15**th. It will be a first

come, first serve sign-up process, as we need to prepare for craft supplies, snacks, teachers, t-shirts, etc. The registration form will be available on the church website and in-person, beginning March 1st. Registration forms need to be mailed to the church office to: The Rev. Rachel Rickenbaker, Attn: Bible School, P.O. Box 127, Upperville, VA, 20185.

Mark your calendars, tell your friends, and sign-up early! It's gonna be a fun week!

If you are a parent, youth, or adult who is interested in being a part of this wonderful week, please contact Rachel Rickenbaker, at rrickenbaker@trinityupperville.org or at 540-592-3343.



GENESIS

Serving in April



	April 2	April 9	April 16	April 23	April 30	
Altar Guild	Team 2 (Augenblick)	All Teams	All Teams	Team 3 (Hammond)	Team 3 (Hammond)	
Flower Guild	Valerie Dove Beth Gibbens Susan Grayson Kelly Johnson Lynn Wiley Joan Eliot	Celeste Wheelwright Stephanie Bates Sarah Ellison Brooke Myatt Nicky Perry LeighO Wood	Gina Hammond Joyce Brower Janes Kates Pat Sharp Edie Smart	June Hambrick Jessica Diday Margaret Hilliard Jason Labrador Janet Noland Marissa Hasser	Barbara Sharp Jimmy Hatcher Nancy Phenicie Melissa Neal Ann Coles Peggy Arundel	
Memorial Flowers					Ann Cronin	
8:00 a.m. Service: Holy Eucharist Rite I						
Lay Eucharistic Minister	Walta Warren	Lewis Martin	Ellen Hall	Carol Miller	Beth Lamond	
Lector	Cindy Thompson	Cheri Martin	Kelly Johnson	Jeff Millington	Greg Ellison	
Ushers	Robert Bonnie John Miller	Holly & Chuck Bimba	Sarah & Greg Ellison	Nicky Perry Walta Warren	Debbie Gerbich Jeff Millington	
Healing Ministry	Clyde Lamond Cheri Martin					
Coffee Hour	Womelsdorf	Gibbens	Entire Congregation			
Ambassadors	Robin Keys					
10:30 a.m. Service: Holy Eucharist Rite 2						
Lay Eucharistic Minister	Michael Main Joe Fluet	Arch Randolph Pamela Wynfield	Barbara Augenblick Sabine Bibb	Janie Banse Ginny Fluet	Gina Hammond Ed Moore	
Lector	Ginny Fluet Stephanie Knapp	Jolly DeGive Hank Long	Sandra Markus Becky Hoecker	Richard Myers Carolyn Smith	Gray Coyner Ray Ewing	
Ushers	Pamela Wynfield Jolly DeGive Bunny Shick	Elizabeth Courts Jim Hoecker Ray Ewing	David & Mac Hartley Chip Chapman Brett Bibb	Anne Coyner Stanley Dees Ken Knapp	Chuck, Tre & Elle Benefield	
Healing Ministers	Ginny Fluet Michael Scholes			Melissa Neal Stephanie Knapp	Joe Fluet Ginny Fluet	
Ambassadors	Robbie Moore	Sanford Diday	Pamela Wynfield	Steve Billingsley	Walt Hasser	
Coffee Hour	Womelsdorf	Bibb, Benefield, Crosen,Labrador	Entire Congregation			

Holy Week:

April 10 Monday Joe Fluet (Lector & Lay Eucharistic Minister)

April 11 Tuesday Walta Warren (Lector & Lay Eucharistic Minister)

April 12 Wednesday Lewis Martin (Lector & Lay Eucharistic Minister)

April 13 Thursday Carol Miller (Lay Eucharistic Minister), Jolly DeGive (Lector), Jeff Millington (Usher)

April 14 Friday Ken Knapp (Lay Eucharistic Minister), Barbara Augenblick (Lector), Elizabeth Courts (Usher)

Easter Sunrise Service:

April 16 Sunday 6:00 AM Ken Knapp (Lay Eucharistic Minister), Stephanie Knapp & Wayne Gibbens (Lectors)





The Diocese of Virginia

The Rt. Rev. Shannon S. Johnston,
Bishop of Virginia
The Rt. Rev. Susan E. Goff,
Bishop Suffragan
The Rt. Rev. Edwin F. "Ted" Gulick Jr.,
Assistant Bishop

Clergy & Staff

The Rev. Robert L. Banse, Jr., Rector
The Rev. Rachel Rickenbaker, Asst. Rector
Christian Myers, Director of Music Ministry
Phil Mohr, Parish Administrator
Betsy Crenshaw, Administrative Assistant
Richard McPherson, Organist
Mary Deppa, Bookkeeper
Tommy Breeden, Sexton
Angela Lake, Housekeeper

Officers & Vestry

Jim Gemmer, Senior Warden Ellen Hall Junior Warden Carol Miller, Treasurer Jolly de Give, Registrar

Class of 2017

Barbara Conner, Susan Grayson Jim Gemmer, Dan Murphy

Class of 2018

Ellen Hall, Mark Thompson, Debra Latiolais, Matt Blunt

Class of 2019

Sanford Diday, Jim Hoecker, Elisabeth Troye Plaskitt, Martha Williamson



TRINITY EPISCOPAL CHURCH

P.O. Box 127 Upperville, VA 20185

Phone: 540-592-3343 Fax: 540-592-3408 E-mail: info@trinityupperville.org www.trinityupperville.org





Bag Sale!

Saturday, March 11 9:00 AM—Noon

Fill a grocery bag with anything you want and pay on \$5.00!

Clothing, household goods, toys, books DVDS and so much more!

Articles for the April 2017 issue of "Genesis" are due March 22, 2017

PLEASE PLACE STAMP HERE